



BodyTalk Bio-Dynamics

Exploring the Body as an Energy System

Go beyond the Physical into the Realms of Energy!

BioDynamics explores the dynamics of energy as it takes physical form in the body.

Learn to identify the patterns of restriction, symptom and dis-ease through the study of the **Five Elements** as per Traditional Chinese Medicine.

Examine the role of **Wei Qi** and practical ways of balancing its functions.

Study significant aspects of the **breathing cycle** and its ramifications throughout the body.

Learn the importance of the diaphragm in the processing and distribution of pathological emotions and thoughts, and a specific technique to **release the diaphragm and improve its function.**

Explore the **energetic dynamics of emotions** within the bodymind complex and new techniques to harmonize the emotions.

Learn the invaluable **Body Vivaxis** technique to **re-orient organs, endocrines, and body parts** to the whole bodymind complex.

Study the emotional and **psychological relationships of all the major muscles and joints** of the body.

Learn an incredibly effective series of **rehabilitation** and musculoskeletal techniques to address **acute and chronic sports injuries, manage chronic arthritis & pain, balance the spine, release adhesions, and improve range of motion.**

Explore the use of **Agenda sessions and Time Release sessions** for sports performance, surgery, exams, presentations, travel, or any important event.



Only available to IBA members.
BodyTalk Fundamentals and the BodyTalk Advanced Procedures DVD are prerequisites for these courses.

This course counts for 32 hours of continuing education for Certified BodyTalk Practitioners' requirements.



Dr. Tracey Clark
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SrCBI, AdvCBP, ParBP, BAT
<http://www.bodytalksystem.com/seminars/instructors/details.cfm?id=17652>

Course Details:
May 3-6, 2019, 2019
Brussels, Belgium



Location:
TIMESMORE
Coworking & Business Center
Boulevard Saint-Michel 47
Brussels, Belgium

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Register early and save €150!
Early bird rate of €950 is available to students who register and pay in full by **March 22, 2019.**

Click here for information and to register:
<https://www.bodytalksystem.com/seminars/details.cfm?id=33210>

For more information about the value of Bio-Dynamics:
<https://youtu.be/ugrxUjShMsE>

What People are Saying:
"Thank you Tracey! You are amazing. I really enjoyed the class with you. You have clarified the material for me in a way that exceeded my expectations. You have the gift of explaining complex material in a very easy and clear way, using day-to-day examples".

"Tracey is very energetic and motivating to listen to. Her enthusiasm is contagious. Her knowledge of the human body and great analogies were very useful with helping to learn the material."

"Other than learning new BodyTalk tools, which was amazing, the course was presented in a very clear and organized way which made confusing subjects and techniques easy to understand. Tracey was very enthusiastic and inspiring. I enjoyed every aspect of this course."

